

Informed Consent for Occupational Therapy Services

Learning Coach LLC - Bellingham, WA - LearningCoachWA.com - 360-207-4560

Purpose of Informed Consent Form. This form explains the nature of occupational therapy services delivered by Learning Coach LLC, its benefits, risks, and factors relevant to client safety, physical contact, and confidentiality. Services may only begin after the client or legal representative reviews, understands, and agrees to the items contained in this document.

Nature and Benefit of Services

Learning Coach LLC delivers occupational therapy services by a registered occupational therapist licensed in Washington State. Services are designed to help children, adolescents, and families show measurable improvement in outcomes related to learning, including but not limited to: creating and maintaining healthy routines, creating effective environments for learning and playing, creating and training self-regulation skills, accommodating for behaviors disruptive to learning, adaptive skill development, communicating effectively about problems and goals, self-advocacy skills, organization of time and materials, and training in assistive technology.

Risks

Learning Coach LLC acknowledges the risks associated with services, and pledges that service providers are professionally trained to minimize risk in the following situations:

Physical risks. Learning Coach LLC uses sensory modalities to facilitate learning performance, which can involve tasks such as the client balancing on a balance board, performing jumping movements, or lifting objects such as a weighted backpack.

Emotional risks. Learning Coach LLC focuses on learning performance, which clients may associate with school stress or situations that provoke anxiety.

Safety and Physical Contact

Learning Coach LLC pledges that all service providers are professionally trained to maintain professional standards in the following situations:

Minimization of physical restrictions. Learning Coach LLC interventions may target behaviors that can be disruptive to learning, and service providers are professionally trained to provide intervention in a context of acceptance and safety. If a client engages in a behavior or behaviors that the service provider deems unsafe and the client does not respond to verbal prompting to cease the behavior(s), the service provider must use the least restrictive method of interrupting the unsafe behavior, which may include a physical restraint in a safe and non-punitive manner. After de-escalating the situation, a written report will be made available detailing the situation's context, behaviors, prompts, and consequences.

Postural cuing and corrections. Physical contact may also be used to facilitate sensory or postural elements of a learning task, such as correcting sitting posture at a desk, supporting balance, facilitating correct grasp pattern of a learning tool, or directing attention via a tactile cue.

Safe and positive attention. Physical contact is also relevant to services when the client seeks affectionate contact with a service provider such as via a hug or lap-sitting. Learning Coach LLC Service providers respond to these bids for attention in a manner that is safe, positive, and appropriate to the client's age and developmental level.

Confidentiality

Learning Coach LLC is committed to protecting personal health information. Learning Coach LLC service providers create a record of care and services provided to meet legal requirements and to provide quality services. Learning Coach LLC offers a *Notice of Privacy Practices* for comprehensive details about the ways Learning Coach LLC may use and disclose personal health information, client rights to the health information maintained by Learning Coach LLC, and obligations Learning Coach LLC has regarding the use and disclosure of personal health information.

Service Locations

Learning Coach LLC services take place in locations most relevant to the client's goals, and may include the client's home or a simulated classroom environment; social environments such as a cafe or outdoor play area; a private office or clinical space; or other location agreed between the client and provider during treatment

planning. Clients and legal representatives have a choice about service locations during session scheduling, and have the right to alter service location to a private location at any time.

Benefits of Services in Public Settings. Services delivered in public settings include the potential benefit of natural social and environmental interactions that carry into the client's daily life.

Risks of Services in Public Settings. Services delivered in public settings include the potential risks of distractions irrelevant to therapeutic goals and community member identification of the client receiving occupational therapy services, which some interpret with stigma due to the implication of disability. Learning Coach LLC therapists are professionally trained to maintain focus on therapeutic goals, redirecting irrelevant public distractions as needed, maintaining a confidential professional identity, and pivoting service strategies as needed.

Client Agreement

I consent and authorize Learning Coach LLC to administer treatment under the direction and supervision of a registered occupational therapist.

I understand and am informed that occupational therapy may have some risks. I understand that I have the right to ask about these risks and have any questions answered about the client's condition prior to treatment.

I understand that services delivered in a public setting relevant to a client goal pose risks to confidentiality, and that I have the right to choose the location of services.

BY SIGNING BELOW I AM AGREEING THAT I HAVE READ, UNDERSTOOD AND AGREE TO THE ITEMS CONTAINED IN THIS DOCUMENT.

Client name _____ Date of Birth _____

Legal guardian name _____ Relationship to client _____

Signature _____ Date _____